

## 18 APRIL 2025 Friday

### Webinar:

**Note:** You can access all events to be held at the Nermin Tarhan Conference Hall by clicking the webinar link.

Hour	Hall	
09.00-09.30	Main A Block Lobby	Registration
09.30-10.00	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Moment of Silence, National Anthem</b>  <b>Opening Speeches</b>  <b>Asst. Prof. Fatma TURAN</b>  Secretary General of the Congress  <b>Prof. Deniz Ülke KAYNAK</b>  Dean of the Faculty of Humanities and Social Sciences, Üsküdar University  <b>Prof. Nazife GÜNGÖR</b>  Rector of Üsküdar University  <b>Prof. Nevzat TARHAN</b>  President of Üsküdar University,  Chairman of the Congress  <b>Conference: “Second Wave Positive Psychology”</b>
10.10-10.30	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Opening Concert</b>  <b>Artist Instructor Marius Mustafa ARABACI</b>  <b>Pianist Mehrshad HASHEMİ</b>

10.30-11.30	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Opening Conference: Assoc. Prof. Thomas FIELD (Congress Guest of Honor)</b>  Oregon State University, USA “Brief Introduction to Neuroscience-Informed Cognitive-Behavior Therapy (nCBT)”
11.30-11.45	Lobby Area	<b>Coffee Break</b>
11.45-13.00	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Conference-Book Launch: Dr. Clinical Psychologist Fredrike BANNINK</b>  Amsterdam, HOLLAND “Positive CBT: The Next Frontier to Foster Wellbeing”
11.45-13.00	Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Book Launch: Dr. Clinical Psychologist Fredrike BANNINK</b> “Signing Ceremony”  <b>INDIVIDUAL and GROUP TREATMENT PROTOCOLS for POSITIVE CBT POSITIVE COGNITIVE-BEHAVIORAL THERAPY</b>
13.00-14.00		<b>Lunch Break</b>
14.00-14.45	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Conference: Prof. Tuğba SARI</b> Akdeniz University, TÜRKİYE “Self-Help Practices with Positive Psychotherapy: Transforming Challenges into Strengthening Opportunities”
14.45-15.30	Phy-gital Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Conference: Assoc. Prof. Asil ÖZDOĞRU</b> Marmara University, TÜRKİYE “The Emotional Effects of Smiling Facial Expression”
15.30-15.45	Lobby Area	<b>Coffee Break</b>
		<b>PAPER SESSIONS</b>  <b>(Face to Face + Online)</b>

15.45-17.15	<p><b>Phy-gital</b></p> <p><b>Presentation Halls</b> (A Block)</p> <p><b>Hall No A-108</b> <b>1<sup>st</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY</b></p> <p><b>Chairperson: Asst. Prof. Ebru MORGÜL</b></p> <p>B1-The Impact of Work-Family Conflict on Police Personnel Deviant Behaviors: The Role of Resilience and Self-Control-<b>Justice MENSAH</b></p> <p>B12-Mediatory Roles of Anxiety Sensitivity and Psychological Resilience in the Relationship between Perceived Parental Attitudes and Trait Anxiety Levels Among University-<b>Özge DEMİRSU, Feryal ÇAM ÇELİKEL</b></p> <p>B19-Maternal and Paternal Warmth as Protective Factors for Relative Victimization- <b>Hacer BELEN</b></p> <p>B26-Optimistically-Biased Probability Estimates Longitudinally Predict Positive Mood- <b>Robert BOOTH</b></p> <p>B46-Brainwashing on the Internet and Social Media Platforms Against Children and Adolescents-<b>Ebrar Kevser KATIRCI, Sefa BULUT</b></p> <p>B78-Digital Literacy and Fear of Missing Out as Predictors of Digital Wellbeing Among University Students: Moderating Role of Self-Regulation-<b>Sadia MALİK, Ali RAZA</b></p>
		<p><b>NEUROSCIENCE-BASED POSITIVE PSYCHOLOGY</b></p> <p><b>Chairperson: Asst. Prof. Fatma TURAN</b></p> <p><b>Co-chair: Faculty Member Merve AYDIN KARABAŞ</b></p>

15.45-17.15	<p><b>Face to Face Participation</b></p> <p><b>Presentation Halls</b></p> <p><b>(A Block)</b></p> <p><b>Hall No A-203</b></p> <p><b>2<sup>nd</sup> Floor</b></p>	<p>B25-Effects on Psychological Resilience, Positive Neuroplasticity and Well-Being in Children and Adolescents: A Systematic Review Study- <b>Gaye Didem ÇABUKOĞLU, Merve AYDIN KARABAŞ</b></p> <p>B28-The Effect of Neuroleadership Approach on Organizational Well-Being-<b>Hande KOŞALAY</b></p> <p>B29-The Effect of Educational Neuroscience Practices on Well-Being in Education: An Interdisciplinary Review-<b>Hande Gül ÇELİK</b></p> <p>B31-P300 Component in Alzheimer's Disease: Early Diagnosis Potential in the Light of Current Findings-<b>Merve AYDIN KARABAŞ, Gaye Didem ÇABUKOĞLU</b></p> <p>B33-Comparison of Cognitive and Psychopathological Profiles in Behavioral and Substance-based Addiction- <b>Merve TÜRKKOL, Zeynep Betül ALP, Cemal Onur NOYAN</b></p> <p>B47-Empathy and Emotional Processing: A Review from Cultural Perspectives to Brain Mapping Studies- <b>Hatice Nisa GÖGEBAKAN</b></p>
		<p><b>PSYCHOLOGICAL WELL-BEING</b></p> <p><b>Chairperson: Prof. Sırrı AKBABA</b></p>

15.45-17.15	<p><b>Face to Face Participation</b></p> <p><b>Presentation Halls (A Block)</b></p> <p><b>Hall No A-204 2<sup>nd</sup> Floor</b></p>	<p>B8-Investigation of the Relationship between Well-Being, Life Satisfaction and Peer Relations in Adolescents-<b>Filiz YAĞCI, Esin SEZGİN, Melike AYDOĞAN GÜL, Tuba DALTABAN, Büşra Nur MUSULOĞLU</b></p> <p>B27-Investigation of the Relationship between Psychological Well-Being, Life Satisfaction and Religiosity-<b>Hatice Hüsna Nur ERGEZEN, Fatma TURAN</b></p> <p>B37-Positive Childhood Experiences as a Predictor of Ontological Well-Being-<b>Nehir AÇIKGÖZ, Ali BAĞCI, Orkide BAKALIM</b></p> <p>B53-Generation, Psychological Well-Being Interaction and a Look at Demographic Differences: A Study from Türkiye-<b>Gaye GÖRMEK, Mune AKTAY</b></p> <p>B73-Investigation and Comparison of Psychological Well-Being Levels of High School and University Students According to Some Socio-demographic Variables-<b>Emine Zehra BİLGE, Mustafa Naci KULA</b></p>
15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-227 2<sup>nd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and INTERPERSONAL RELATIONSHIPS</b></p> <p><b>Chairperson: Prof. Sefa BULUT</b></p> <p>B7-The Indirect Effect of Emotional Intelligence on Irrational Beliefs in University Students' Romantic Relationships: The Mediating Role of Psychological Resilience- <b>Bikem Zeynep YAZICI, Feyza TOPÇU</b></p>

		<p>B42-Investigation of Gratitude Expression Levels and Perceived Romantic Relationship Quality of Faculty of Education Students-Birsen <b>GÖKÇEN, Mehmet Ali ÇAKIR</b></p> <p>B49-Close Relationship Qualities of University Students Graduated from Single-Gender Imam Hatip High Schools-<b>Betül ÇINAR, Zeynep Sude BOĞA, Üzeyir OK</b></p> <p>B56-From Logotherapy to Positive Psychotherapy: The Road to Psychological Well-Being-Aslı KARTOL, <b>Rumeysa ÖZEL, Sefa BULUT</b></p> <p>B60-The Mediating Role of Social Gender Perception in the Relationship between Women's Relationship Satisfaction and Career Motivation-Gözdenur <b>YILDIRIM, Yıldız ÖZTAN ULUSOY</b></p> <p>B61-Yawning Without Breaking: Reflections of Cognitive Flexibility on Mental Health-<b>Rumeysa ÖZEL, Nida TEKMAN, Aslı KARTOL</b></p>
15.45-17.15	<p><b>Phy-gital</b></p> <p><b>Presentation Halls</b> <b>(A Block)</b></p> <p><b>Hall No A-227</b> <b>2<sup>nd</sup> Floor</b></p>	<p><b>CONCEPTS of POSITIVE PSYCHOLOGY</b></p> <p><b>Chairperson: Prof. Tuğba SARI</b></p> <p>B10-The Effects of Positive Psychology Practices in Detention Houses on the Level of Empathy, Compassion and Self-Sensitivity- <b>Görkem ALTINTAŞ, Sultan TARLACI</b></p> <p>B13-Social Support Needs and Experiences in the Postpartum Period: A Qualitative Research- <b>Gelengül UĞURLU, Miyase Büşra BAKIRCI, Sevginar VATAN</b></p>

		<p>B15-Is Self-Compassion a Factor That Reduces Psychological Distress and Increases Resilience in University Students During the Pandemic Period? - <b>Musa YILDIRIM, Tuğba SARI</b></p> <p>B16-A Qualitative Perspective on Smoking Addiction in University Students-<b>Gelengül UĞURLU, Özlem TOLAN, Burcu Ebru AYDOĞDU</b></p> <p>B64- Examination of Doctoral Theses on Happiness Made in the Departments of Psychology and Education and Training in Türkiye between 2022-2024-<b>Okan TİRİNG</b></p> <p>B76-Investigation of the Effect of "Online Short-Self-Compassion Experiencing Group Work" on Women's Self-Compassion, State Anxiety and Fear of Happiness Levels-<b>Songül ÇALIŞKAN, Tuğba DEMİRBAĞ</b></p>
15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block) Hall No A-308 3<sup>rd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and SOCIAL MEDIA Chairperson: Prof. Vesile SOYYİĞİT</b></p> <p>B11-What is the Importance of Self-Objectification and Social Media in Women's Body Satisfaction?- <b>Ezgi SAYLAN ÇOLAK, Vesile SOYYİĞİT</b></p> <p>B22-The Relationship Between Secondary Traumatic Stress, Social Sensitivity and Psychological Resilience in Social Media Users- <b>Cemile FINDIK</b></p> <p>B24-Secondary Trauma, Brain Decay and Psychological Resilience: A Conceptual Review-<b>Halil YILMAZ, Abdullah KERKÜKLÜ</b></p>

		<p>B34-Parental Emotional Accessibility as a Predictor of Well-Being: A Review Study- <b>Betül Banu ÖZAYDIN, Vesile SOYYIĞİT</b></p> <p>B59-The Relationship of Gratitude Diaries with Depression, Anxiety and Psychological Well-Being-<b>Merve ÖZBEY, Sultan TARLACI</b></p> <p>B66-The Mediating Role of Positive Self in the Relationship between Digital Awareness Perception and Digital Well-Being-<b>Melike ÜLKER, Işıl TOLEYBENK, Merve GÜZEL, Sümeyye Eliz BURHAN</b></p>
15.45-17.15	<p><b>Face to Face Participation</b></p> <p><b>Presentation Halls (A Block)</b></p> <p><b>Hall No A-205 2<sup>nd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and HOPE</b> <b>Chairperson: Asst. Prof. Abdurrahman KENDİRCİ</b></p> <p>B21-Investigation of the Contribution of Positive Psychology Approach to Preventive Guidance Studies in Schools-<b>Nurcan YILMAZ</b></p> <p>B23-From I am Not Safe to I am Strong: Trauma, Memory Networks and Individual Rebirth – A Case Report- <b>Büşra ÖZDOĞAN</b></p> <p>B36-Investigation of the Relationship between Quality of Life and Hopelessness in Adults-<b>Ifraat BABAZADE, Mustafa Kaan ÖZKAN</b></p> <p>B38-The Predictor Role of Hope in the Richness of Life- <b>Aytaj ALIRZALI, Mustafa Kaan ÖZKAN</b></p>



		<p>B40-Positive Cognitive Behavioral Therapy in Obsessive and Compulsive Behavior Disorder: A Case Report-<b>Abdurrahman KENDİRCİ</b></p>
<p>15.45-17.15</p>	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-332 3<sup>rd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and COGNITIVE FLEXIBILITY</b></p> <p><b>Chairperson: Asst. Prof. Hatice Deniz ÖZDEMİR</b></p> <p>B4-Trauma, Schema Therapy and Psychological Recovery: A Case Report-<b>Betül ESEN</b></p> <p>B39-The Mediating Role of Cognitive Flexibility and Hope Levels in the Relationship between Perceived Parenting Attitude and Psychological Resilience in <b>Adolescents-Büşra ÇELİKKAYA, Hatice IŞIK, Yasemin KAHYA</b></p> <p>B70-Epigenetic Regulations and the Interactional Role of Narrative and Play Experiences in the Development of Cognitive Flexibility- <b>Elif KONAR ÖZKAN, Büşra TEKE KAZAN</b></p> <p>B74-Neural Mechanism of Cognitive Flexibility-Cansu <b>SEVİNÇLİ BAYRAM</b></p> <p>B75-The Role of Self-Compassion on Alexithymia: A Review Study-<b>Emine YALÇIN</b></p> <p>B80-The Mediating Role of Psychological Resilience in the Relationship between Covid Fear and Agoraphobia During the Covid-19 Epidemic Period-<b>Hatice Deniz ÖZDEMİR</b></p>

15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-333 3<sup>rd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and THERAPEUTIC SKILLS</b></p> <p><b>Chairperson: Asst. Prof. Kerem ÇETİNKAYA</b></p> <p>B2-Investigation of Attachment Representations in Children of Working Mothers with a Projective Approach: Draw a Bird's Nest Test- <b>Bahar AKOĞLU, Mina DUMAN</b></p> <p>B14-Development of Positive Psychology Based Self-Realization and Self-Compassion Psycho-educational Group Work for Young Adults- <b>Zeynep TURHAN</b></p> <p>B45-The Effect of Attention Deficit Hyperactivity Disorder on Self-Efficacy, Self-Compassion and Self-Esteem: Neurocognitive Foundations and Results- <b>Arzu ŞAHİN, Kerem ÇETİNKAYA</b></p> <p>B51-The Evolution of the Concept of Acceptance in Psychotherapy Theories and Techniques-<b>Tuğcan SEVİNDİK, Kerem ÇETİNKAYA</b></p> <p>B67-Empowering the Client with Therapeutic Techniques from the Perspective of Positive Psychology- <b>Bera Nur ÖZEL, Kerem ÇETİNKAYA</b></p> <p>B35-The Effect of Positive Psychotherapy on Psychological Resilience and the Meaning of Life in Addictions-<b>Ayşen TEZCAN ELMACIOĞLU</b></p>
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15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-209 2<sup>nd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and PSYCHOPATHOLOGY</b></p> <p><b>Chairperson: Asst. Prof. Nilüfer UYAR</b></p> <p>B6-Investigation of the Relationship between Free Will and Depression Tendency-<b>Alp Türk ÖKSÜZ, Ebru PEHLİVAN SARI</b></p> <p>B20-Client Experiences in the Stages of the Motherhood and Fatherhood Psychodrama Group in Working Life: A Case Study- <b>Nilüfer UYAR, Elif Gülçin ÇELİK ATEŞ, Ebru GÜÇ</b></p> <p>B30-Investigation of the Mediating Role of Happy Child Mode in the Relationship between Borderline Personality Traits and Schemas-<b>Damla MERAL, Asst. Prof. Tuğba ÇAPAR TAŞKESEN, Assoc. Prof. Yasemin KAHYA</b></p> <p>B41-The Relationship between Histrionic and Narcissistic and Borderline Personality Patterns and Separation Anxiety and Aggression Level-<b>Volkan DEMİR</b></p> <p>B69-The Relationship of the Use of Antidepressants with Cognitive and Metacognitive Variables in the Treatment of Depression in Adolescents-Alican <b>GÜLER, Yavuz MERAL</b></p> <p>B72-The Effect of Stress Coping Styles on Academic Procrastination Behaviors in University Students, The Role of Gender-<b>Zilan YERGÜL, Damla YALÇIN, Melis ÇAL, Eslem Nur KARAŞAHİN, Zeliha KIZILBAĞLI, Hatice ÇİÇEK, Hatice ERASLAN BOZ</b></p>
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15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-226 2<sup>nd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and LIFE SATISFACTION</b></p> <p><b>Chairperson: Asst. Prof. Özgün Arda KUŞ</b></p> <p>B3-High Risk, High Satisfaction? Comparison of Personality, Quality of Life and Life Satisfaction in Paratroopers- <b>Seda KIRCI ERCAN, Teoman Yusuf CESUR</b></p> <p>B43-The Effect of Childhood Traumas on Growth and Psychological Resilience-<b>Asude Şeyma ATA, Özgün Arda KUŞ</b></p> <p>B44-The Explanatory Role of Social Loneliness in the Relationship between Positive Identity and Life Satisfaction in Turkish Participants Living in Germany-<b>Tuğba TÜRK KURTÇA, Dilara GÜNEY</b></p> <p>B52-The Effect of Acceptance-Rejection Levels of Mothers with Special Needs Children on Burnout and Life Satisfaction-<b>Tuğçe AKALIN SEVİ</b></p> <p>B57-The Mediating Effect of Relationship Satisfaction on the Relationship between Attachment Styles and Anxiety in Adults-<b>Nubar MEHDİYEVA, Ayşegül GÜNER ALGAN</b></p> <p>B62-The Relationship of Harmony and Satisfaction in Marriage with Self-Control-<b>Büşra TUTAN DİLEK, Fatma TURAN</b></p>
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15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)</b></p> <p><b>Hall No A-330 3<sup>rd</sup> Floor</b></p>	<p><b>POSITIVE PSYCHOLOGY and YOUNG ADULTHOOD</b></p> <p><b>Chairperson: Asst. Prof. Tuğba TURGUT</b></p> <p>B5-The Relationship between Eco-Anxiety and Psychological Well-Being in Young Adults: The Effect of Examining Food Products- <b>Elvan KİREMITÇİ-CANIÖZ, Orhun TÜRKER</b></p> <p>B17-Investigation of the Relationship Pattern between Environmental Literacy, Global Social Responsibility and Productive Altruism Levels in Emerging and Young Adults- <b>Tuğba TURGUT, Berk ALİOĞLU</b></p> <p>B18-The Effect of Mindfulness Based on Solution-Oriented Approach on Self-Esteem, Conscious Awareness and Anxiety Level in University Students-<b>Esra ERDOĞAN, Şeyda Nisa DİKMEN, Yasemin VEYİS</b></p> <p>B50-Away from Home: Determination of the Relationship between Perceived Social Support and Psychological Birth Sequences of University Students-<b>Sudenaz SAVAŞ, Neslihan ÇIKRIKÇI</b></p> <p>B55-The Power of Attachment Patterns and Emotion Regulation Skills to Predict Impaired Eating Behaviors in Adults-<b>Ezgi BARUTCU TAŞ</b></p> <p>B65-Investigation of the Mediating Role of Social Appearance Anxiety in the Relationship between Problematic Eating Behaviors and Orthorexia / Healthy Orthorexia in University Students-<b>Hanne İsna SEVİNÇ, Elif KURTULUŞ ANARAT</b></p>
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15.45-17.15	<p><b>Phy-gital Presentation Halls (A Block)  4<sup>th</sup> Floor  A Block Kuleli Hall</b></p>	<p><b>POSTER PRESENTATIONS</b></p> <p><b>Chairperson: Expert Psychologist Can KAMSIZ</b></p> <p>P1-The Mediating Role of Coping Styles in the Relationship between Childhood Traumas and Attitudes towards Partner Violence in Women- <b>Merve AĞIRBAŞLI, Feryal ÇAM ÇELİKEL</b></p> <p>P2-Current Neuroscience Research-<b>Eda DELİGÖZ</b></p> <p>P3-Investigation of Body Awareness and Dance Movement Therapy with Scales in Gestational Diabetes Follow-up- <b>Melike Nur DÖNMEZ, Alev KURAL, İlkay ÇAKIR, Hamide PİŞKİNPASA</b></p> <p>P4-Investigation of the Effect of Psychosocial Workers' Coping Approaches to Coping with Stress on Post-Traumatic Stress Symptoms-<b>Münire ŞAFAK, Betül DURSUN ACEMOĞLU</b></p>
17.15-18.45	<p><b>Main A  Block</b></p> <p><b>FACE TO FACE PARTICIPATION</b></p>	<p><b>Each workshop is limited to 20 people.</b></p> <p><b>WORKSHOP 1 –HALL NO 203 (2<sup>ND</sup> FLOOR)</b>  <b>Clinical Psychologist Ahmet YILMAZ</b>  <b>Workshop Topic:</b> "Overcoming Addiction with Positive Psychotherapy"</p> <p><b>WORKSHOP 2 – HALL NO 204 (2<sup>ND</sup> FLOOR)</b>  <b>Clinical Psychologist Hazal ASLAN</b>  <b>Workshop Topic:</b> "Use of Creative Techniques in Adolescent Psychology"</p>

		<p><b>WORKSHOP 3 – HALL NO 108 (1<sup>ST</sup> FLOOR)</b></p> <p><b>Asst. Prof. Mehmet Kaan ILDIZ</b></p> <p><b>Workshop Topic:</b> "Therapeutic Use of Three-Dimensional Prints and Artistic Materials"</p> <p><b>WORKSHOP 4 – HALL NO 205 (2<sup>ND</sup> FLOOR)</b></p> <p><b>Clinical Psychologist Merve Umay CANDAŞ DEMİR</b></p> <p><b>Clinical Psychologist Sera ELBAŞOĞLU</b></p> <p><b>Workshop Topic:</b> "Trauma and Positive Psychotherapy"</p> <p>“Trauma and Positive Psychotherapy”</p> <p><b>Note:</b> <i>Only students and graduates of the Department of Psychology and Counseling, Psychiatrists, Psychiatric Nursing and students in these fields can participate in this workshop.</i></p> <p><b>WORKSHOP 5 – HALL NO 209 (2<sup>ND</sup> FLOOR)</b></p> <p><b>Clinical Psychologist Özgenur TAŞKIN</b></p> <p><b>Clinical Psychologist Cumali AYDIN</b></p> <p><b>Workshop Topic:</b> "Healing through Positive Psychotherapy"</p> <p>“Healing with Positive Psychotherapy”</p> <p><b>WORKSHOP 6 – HALL NO 226 (2<sup>ND</sup> FLOOR)</b></p> <p><b>Psychological Counselor Sevda KISRIK</b></p> <p><b>Workshop Topic:</b> "First Contact with the Parent: Interview Strategies and Interaction Techniques with the Child"</p> <p><b>WORKSHOP 7 – HALL NO 227 (2<sup>ND</sup> FLOOR)</b></p> <p><b>Psychology Specialist/Family Counselor Şeyda Betül KILIÇ</b></p> <p><b>Workshop Topic:</b> "Grief, Bonds, and Psychological Flexibility: A Perspective on Ongoing Bonds Theory"</p> <p><b>WORKSHOP 8 – HALL NO 227/A (2<sup>ND</sup> FLOOR)</b></p> <p><b>Asst. Prof. Tuğba TURGUT</b></p> <p><b>RA Sümeyye Eliz BURHAN</b></p> <p><b>Workshop Topic:</b> "Human-Machine Emotional Interaction: How Does Artificial Intimacy Affect Relationships?"</p>
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**19 APRIL 2025**  
**Saturday**

**Webinar:**

**Note: You can access all events to be held at the Nermin Tarhan Conference Hall by clicking the webinar link.**

Time	Hall	
09.30-10.00	Main A Block Lobby	Registration
10.00-10.45	Phy-gital  Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Conference: Asst. Prof. Fatma TURAN</b> Üsküdar University, TÜRKİYE “The Significance of Cognitive Flexibility in Positive Psychology”
10.45- 11.30		<b>Conference: Prof. Sırrı AKBABA</b> Üsküdar University, TÜRKİYE “The Place of Critical Thinking in Psychotherapy Approaches”
11.30- 11.45	Lobby Area	Coffee Break
11.45-13.00	Phy-gital  Nermin Tarhan Conference Hall 4 <sup>th</sup> Floor	<b>Panel: Positive Psychology</b> <b>Asst. Prof. Kerem ÇETİNKAYA (Moderator)</b> National Defense University, TÜRKİYE “Journey with Positive Self”  <b>Dr. Eren Murat DİNÇER</b> Psychotherapist, Narrative Therapist, Family and Couple Therapist, TÜRKİYE “Beyond Problem Stories”



		<b>Exp. Clinical Psychologist Ahmet KARA</b> MEB, İstanbul, TÜRKİYE “Post-Traumatic Growth”
<b>13.00-14.00</b>		<b>Lunch Break</b>
<b>14.00-14.45</b>	<b>Phy-gital</b> <b>Nermin Tarhan</b> <b>Conference Hall</b> <b>4<sup>th</sup> Floor</b>	<b>Conference: Prof. Oğuz TANRIDAĞ</b> NP Istanbul Hospital, Üsküdar University, TÜRKİYE "The Neuroscientific Foundations of Positive Psychology: Is There Enough Evidence?"
<b>14.45-15.30</b>	<b>Phy-gital</b> <b>Nermin Tarhan</b> <b>Conference Hall</b> <b>4<sup>th</sup> Floor</b>	<b>Conference: Prof. Sultan TARLACI</b> NP Istanbul Hospital, Üsküdar University, TÜRKİYE “The Vagus's Murmur: The Key to Well-Being is in Your Ear”
<b>15.30-15.45</b>	<b>Lobby Area</b>	<b>Coffee Break</b>
<b>15.45- 16.30</b>	<b>Phy-gital</b> <b>Nermin Tarhan</b> <b>Conference Hall</b> <b>4<sup>th</sup> Floor</b>	<b>Conference: Asst. Prof. Abdurrahman KENDİRCİ (ONLINE)</b> İstanbul Aydın University, TÜRKİYE “The Use of Metaphor in Positive Psychology”
<b>16.30-17.15</b>	<b>Phy-gital</b> <b>Nermin Tarhan</b> <b>Conference Hall</b> <b>4<sup>th</sup> Floor</b>	<b>Conference: Prof. Gül ERYILMAZ</b> NP İstanbul Hospital, Üsküdar University, TÜRKİYE “Relationship Science”
<b>17.15-18.00</b>	<b>Phy-gital</b> <b>Nermin Tarhan</b> <b>Conference Hall</b> <b>4<sup>th</sup> Floor</b>	<b>Congress Closing Speech</b>